

Child and Parent Resource Institute (CPRI) Annual Report 2018-2019



CPRI CHILD & PARENT
RESOURCE INSTITUTE
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Message From Director

Shannon Bain, Hons B.A., Dipl. O.D., LSSBB



In 2018 CPRI became part of the Children with Special Needs division within the new Ministry of Children, Community and Social Services, which has presented an exciting opportunity to be part of the policy, program, and service delivery transformation that lies ahead. Over the past year I have witnessed the efforts of staff, clients and families, and heard the voices of our community partners, to find creative new ways to deliver an effective, integrated service system for children and youth with special needs and their families. We have a great deal of clinical expertise and a strong research and knowledge mobilization infrastructure to support early identification and intervention efforts for infants, children and youth with developmental concerns.

With sincere gratitude and pride, I thank everyone who has been part of the transformation journey and will be part of what lies ahead. To everyone working to create best possible outcomes for Ontario's children and youth, I invite you to pause and reflect on CPRI's exciting growth and achievements in this year's Annual Report.



Message From Medical Director

Dr. Ajit Ninan, Hons BSc, MD, FRCPC



On a daily basis, our organization is moved by the journeys of children, youth and their families. It is always a valued honour to be a part of that story. Although our involvement in that journey has continued to evolve over years as we adjust to a changing landscape, CPRI has remained committed to be impactful in our role. Our reward is the awesome opportunity to be a part of it all. Every area of CPRI works together for the common goal of positively impacting children, youth, families and community partners.

In this current year, our collective efforts have resulted in many excellent achievements. This report will outline some key accomplishments in teaching, research, capacity building and clinical care as well as identify areas in need of more growth. Using our interdisciplinary and trauma-informed approach we have sought to enrich our experiences in understanding the stories of those that we serve so that we may position ourselves to develop strategies to address challenges while encouraging strengths. Existing as a trauma-informed organization includes acknowledging that we don't have it all perfected but that we remain committed to support progress with encouragement, inclusivity and persistence. As always, we thank all of the organizations and individuals that we serve as well as our staff whose efforts have made our organization's accomplishments possible. Enjoy our annual summary!

"My experience at CPRI has been tremendous [...] I feel a lot more stable and 100% better. I have always felt listened to, that my voice has been heard, and that my opinion matters [...] I look forward to moving on with my life as I feel like I can be successful out in the world." – CPRI Client

Client and Family Engagement

Client, family and community partners, are the center of CPRI’s Service Model. Forming partnerships, gathering input and working collaboratively, is the foundation of CPRI’s Service Approach.

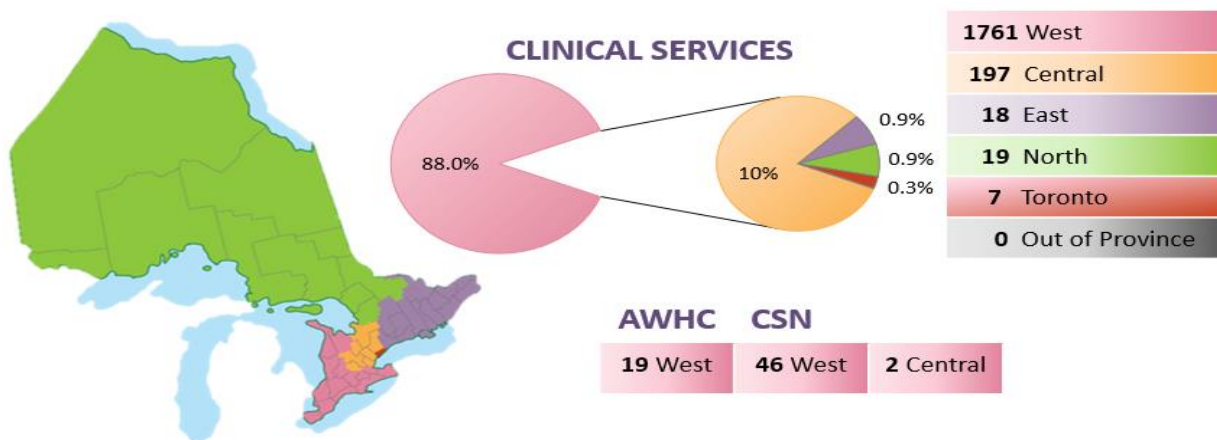
The Family Advisory Committee (FAC) at CPRI, advises and makes recommendations to ensure CPRI services are child and family-centered. Over the past year, the Committee has also shared lived experiences and perspectives to support enhancement of CPRI’s Child and Family Engagement model. Their contributions played a key role in helping CPRI staff finalize a plan for targeted engagement activities.

“[My son] would not be flourishing and happy today, and graduating to high school in a few months if not for the loving kindness and generous support of all of you who have upheld his potential, shaped his life, and touched his heart.” – J.

Serving the Children and Youth of Ontario

CPRI provides highly specialized, trauma-informed treatment and targeted intervention services for the children and youth of Ontario, with complex combinations of special needs across multiple sectors, including severe behavioural and emotional challenges, mental health and developmental disabilities, and autism. CPRI also conducts applied research and develops evidence-informed education to build knowledge and capacity in mental health and developmental services sectors.

CLIENTS SERVED BY REGION (April 1, 2018 - March 31, 2019)



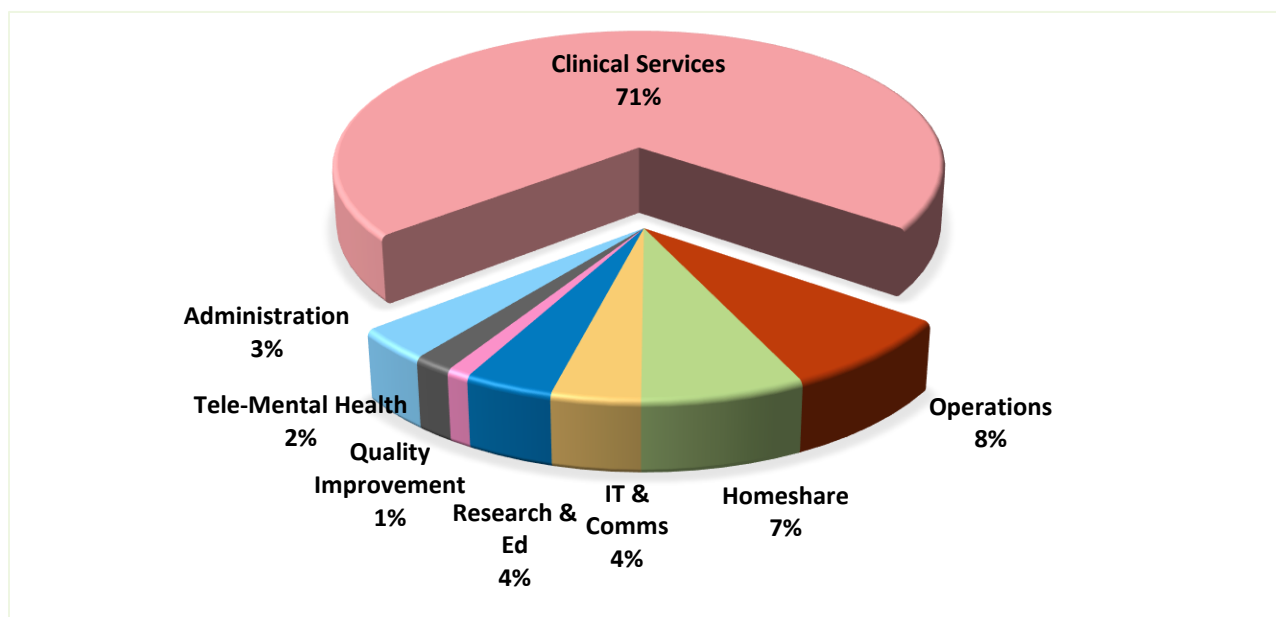
*AWHC is Aboriginal Wholistic healing Circle. CSN is Complex Special Needs.

Financial Performance: April 1, 2018 – March 31, 2019

2018-2019 Division Expenditures

Division	In \$000's	% of Total
Administration	996.2	3 %
Clinical Services	20,337.0	71 %
Operations	2,329.4	8 %
Homeshare	2,088.5	7 %
IT & Communications	1,139.4	4 %
Research and Education	1,140.1	4 %
Quality Improvement	301.7	1 %
Tele-Mental Health	507.7	2 %
Total	28,840.0	

Visual Chart of 2018-2019 Expenditures



Continued Focus on Knowledge Mobilization

We continue to focus on building research partnerships. On June 1, 2017 a position statement on recommended screen time usage in children 0-5 was released by Canadian Paediatric Society's (CPS) Digital Health Task Force, chaired by Dr. Michelle Ponti, Paediatrician at CPRI. National media outlets widely featured news stories related to this publication, and Dr. Ponti presented findings at the 94th Annual Canadian Paediatric Society conference the same week. Dr. Ponti followed up the research with a statement for school aged children and teens, released in June 2019 (<https://www.caringforkids.cps.ca/handouts/screen-time-and-digital-media>).

Since tracking began in 2011, CPRI has produced over 130 publications including 38 journals, 5 reports and 10 books/chapters. CPRI continues to commit to knowledge in the field of children's services. This year alone CPRI staff delivered 7 provincial, 18 national, and 6 international presentations, prepared 2 articles for submission to academic journals, and produced 18 summaries of research for staff and the broader ministry that supported clinically-informed decision-making.



CPRI's Annual Education Catalogue (cover pictured) featured over 45 unique offerings.

CPRI has planned and hosted over 75 in-person events (or workshops) led by internal and internationally recognized experts, reaching 5950 participants. The variety of topics included: Creating Trauma Informed Environments and Specific Applications in a Residential Setting, Practical Psychopharmacology for More Complex Mental Health Presentations, and Supporting Dual Diagnosis Populations.

Continued Focus on Knowledge Mobilization

Following CPRI's successful certification as a Trauma-Informed institute, strategies to promote and share this information with the sector have started. We delivered 5 workshop events to 431 participants, and we hosted 5 webinars reaching over 600 registrants. All CPRI webinar events are archived and available free of charge on www.cpri.ca.



CPRI staff also offered over 25 clinical presentations in the community, including 3 Trauma-Informed Care presentations to school boards. A speaker's directory is available and topic-specific presentations can also be requested.

Med Series 2019: Developmental Disabilities, Diagnostic and Treatment Interventions

In 2018 a team of CPRI physicians, with the support of the education department, and in collaboration with the Developmental Disabilities Program at Western University's Schulich School of Medicine & Dentistry, created an education series for physicians. The sessions provide opportunities that do not exist elsewhere for physicians to learn about research and engage in practical case discussions that support application of evidence-informed practice for children and youth with intellectual disabilities. This year we had the privilege of hosting a second series, which included 6 sessions led by 4 of CPRI's subject matter experts in Psychiatry and Paediatrics. Physicians rated the range of topics and interactive format highly.

This reflects feedback that praises the content and impact of the learning opportunities CPRI provides in general.

"The instructors were phenomenal speakers and conveyed the information in a way that left me feeling informed and open to learning. The workshop was laid out perfectly, so that all topics flowed into one another. As a student, this conference gave me the foundational knowledge to fully understand trauma informed care and feel connected to my peers, through this shared knowledge and practice. This is a workshop I believe everyone should attend."

Innovative Service Delivery

Several changes to our outpatient services delivery occurred in 2018. We implemented a new level of service intensity that ensures a needs-based approach to service determination by using the interRAI assessment to provide critical evidence-based data and current client information.



With the goal of both expanding access to our interdisciplinary outpatient expertise and of supporting local communities to help to serve kids closer to home, we launched an Agency to Agency Community Consultation Service. This new service allows community professionals across Ontario, to consult with CPRI clinical experts on a case-by-case basis, using a streamlined intake process.

“I very much appreciated the opportunity to consult with the team. They were a wealth of knowledge and I appreciated the way they balanced safety as well as the need for the client to develop in a healthy way. I found the consultation considered the multitude of factors that influence client’s behavior and presentation and appreciated that the team viewed the client through a holistic lens.” – Agency Feedback

